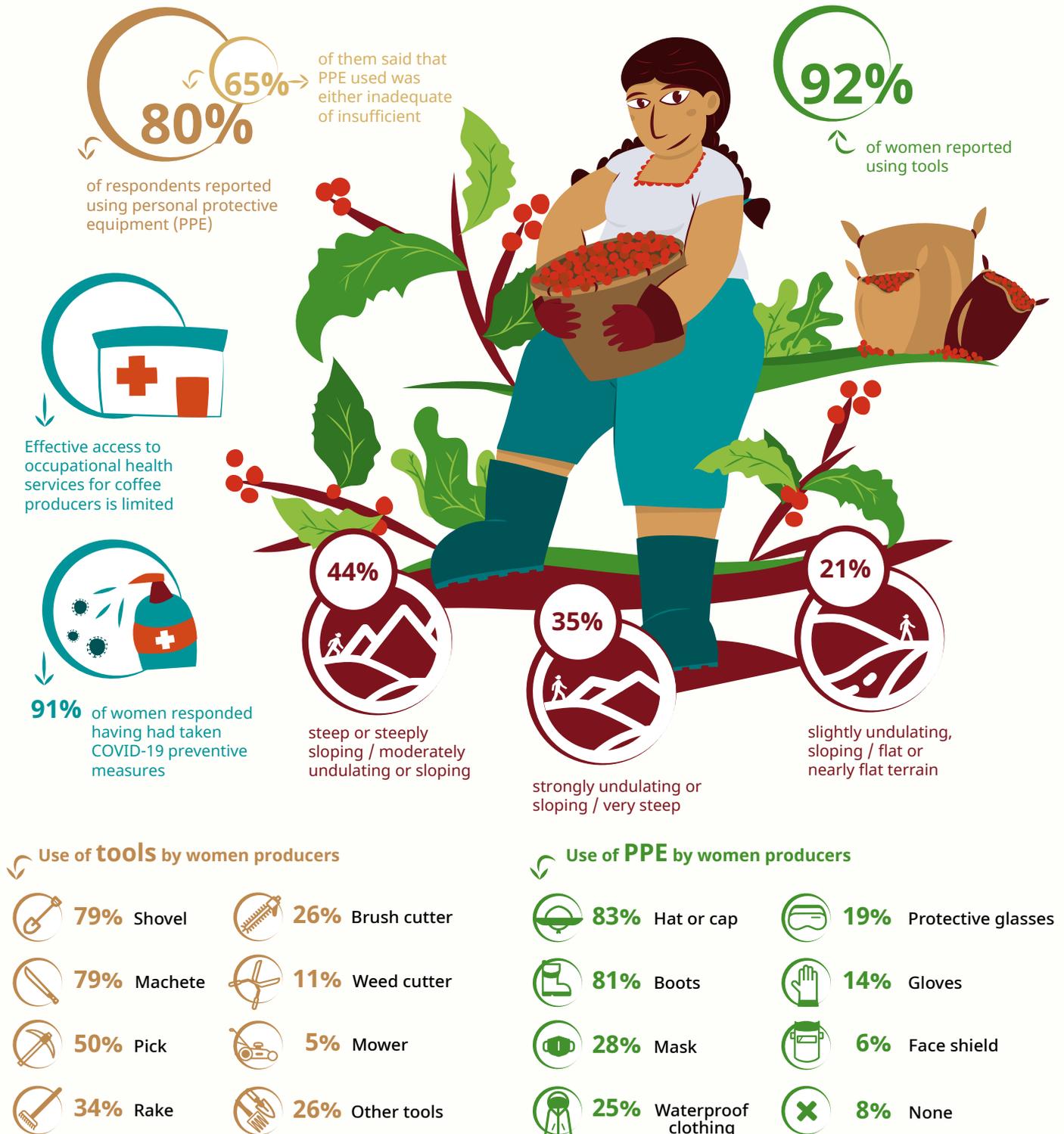


## What are some of the **safety** and **health** issues faced by **women** producing **coffee** in **Mexico**?

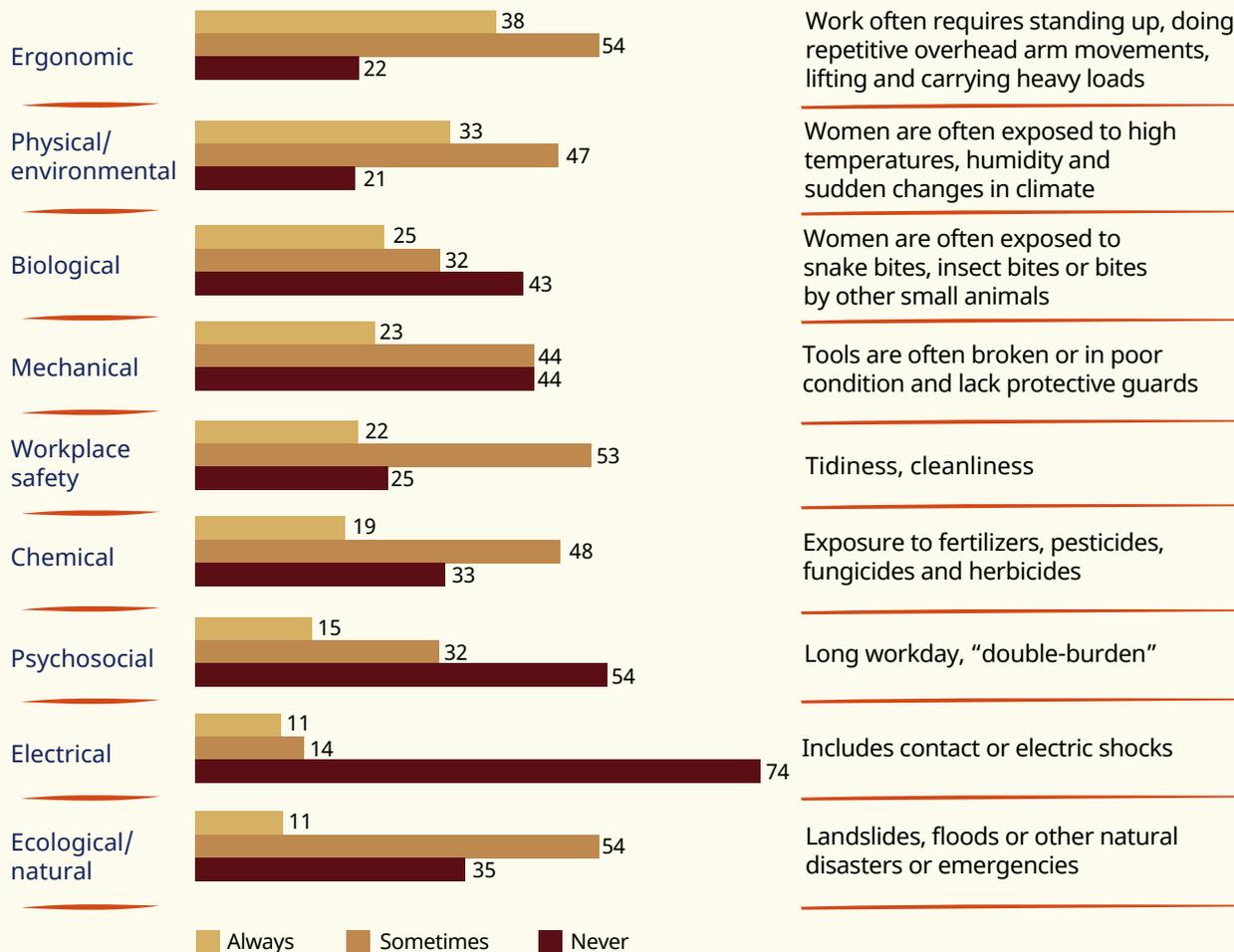
Some of the key findings of the International Labour Organization's Vision Zero Fund's research.\*



\* "Profile of women coffee producers in Mexico: case study of their occupational health and safety conditions – Vision Zero Fund" (2021). The study surveyed 57 women workers and producers linked to coffee organizations in the states of Veracruz, Puebla and Hidalgo. The study is available here: [ilo.org/vzf](https://ilo.org/vzf)

# Frequency of exposure of women producers to OSH hazards

As reported in the survey (in %, by category and risk factors)



Work often requires standing up, doing repetitive overhead arm movements, lifting and carrying heavy loads

Women are often exposed to high temperatures, humidity and sudden changes in climate

Women are often exposed to snake bites, insect bites or bites by other small animals

Tools are often broken or in poor condition and lack protective guards

Tidiness, cleanliness

Exposure to fertilizers, pesticides, fungicides and herbicides

Long workday, "double-burden"

Includes contact or electric shocks

Landslides, floods or other natural disasters or emergencies

## Occupational accidents

- 72 per cent of respondents indicated having suffered an accident while working in coffee (67% of them in the past year): 34% while weeding and picking coffee, 24% while loading, transporting or unloading sacks
- Most common injuries reported: blows or bruises (65%), sprains, strained muscles or similar (52%), heat stroke and lacerations (39%), superficial injuries (19%)



## Occupational diseases

- 24 per cent reported having been diagnosed with a work-related disease in the past year: 27% related to muscles, bones and joints; 27% related to the digestive system and liver
- 40 per cent did not stop working despite this diagnosis. 33% were off work from 3 to 7 days



**67%** of respondents "did not consider important" reporting the accident they had to their employer

While **73%** of respondents recognized the economic benefits of OSH investment

↓

Only **43%** reported taking concrete actions to make OSH improvements



International Labour Organization

SAFETY + HEALTH FOR ALL

Vision Zero Fund is part of Safety + Health for All, an ILO flagship programme building a culture of safe, healthy work.

ilo.org/vzf



Funded by the European Union